



COUNSELLING AND HUMAN DEVELOPMENT CENTRE UNIVERSITY OF PORT HARCOURT

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YOU ARE NOT ALONE
WE CAN HELP YOU

SEE A
**PROFESSIONAL
COUNSELLOR**
TODAY

GET HELP TO OVERCOME
BARRIERS TO HAPPIER LIFE

Life is Sweet, Don't take your life!!!



Our Counselling Services Include:

Quick Response & Confidential Counselling
Emotional Wellbeing/Healthy Living
School Adjustment Counselling
Academic & Career Development/Mentoring
Behaviour Modification (Addictions/Habits)
Personal Development & Grooming
Stress Management & Panic Relief
Examination Phobia Counselling
Depression & Suicidal Ideation Interventions

Relationship Management
Entrepreneurial Counselling
Grief/Bereavement Counselling
Pre-Marital & Couple Counselling
Job Burnout, Time Management &
Pre-retirement Counselling
Interventions to all Emotional &
Behavioural Problems/Disorders
Etc.

Visit our facebook page: [University of Port Harcourt Counselling and Human Development Centre](#)

POWERED BY: ACE-PUTOR



Africa Center of Excellence in Public Health and Toxicological Research (ACE-PUTOR)
in Collaboration with Counselling and Human Development Center (CHDEC). University
of Port Harcourt, Nigeria.

Presents:

A ONE-DAY HYBRID SEMINAR

Theme: "LIFE IS SWEET, SHUN DRUG AND SUICIDE"



Chief Host:
Prof. Owunari Abraham Georgewill
Vice Chancellor
University of Port Harcourt



Host:
Prof. Daprim.S. Ogaji
Center Leader
ACE PUTOR



Co-Host & Speaker
Prof. Rosemary Ekechukwu
Director, CHDEC
Topic: Suicide and drug abuse among
youths: Way forward



Dr. Gideon Isuekwem
Hero of Faith Educational Consultants
Topic: Combating unhealthy behaviour among youths
(Guest Speaker)



THUR.
20TH
JULY, 2023.



10AM
PROMPT



**ON-SITE VENUE : ACE-PUTOR TETFUND
BUILDING , OPP. SENATE BUILDING ,
UNIPOINT.**

Moderator: Prof. K.C. Patrick - Iwuanyanwu

Participation is free but pre-registration is required

Registration & Zoom link: http://us02web.zoom.us/join/register/tZlqfulopjgvHdLgE_M7gUXHa_J54vCz6xpV

Target Audience:

All undergraduate Postgraduate Students; Interested Staff